



Lunch Menu

11:30am - 3:00pm

Joan's Duo Of Dips gfa\$14

Selection Of House Made Dips & Toasted Pita

Rustic Fries gf df.....\$8.5

Joan's Seasoning W Garlic Aioli Or Tomato Sauce

Sweet Potato Fries gf df.....\$9

Joan's Seasoning W Garlic Aioli Or Tomato Sauce

Vegan Gnocchi\$21

Pan Fried Gnocchi, Roasted Pumpkin, Cherry Tomatoes, Kale & Zucchini w Toasted Almonds
(add Parmesan if desired)

Salt & Pepper Squid gf df.....\$22.5

Lightly Dusted Australian Calamari, Asian Slaw, Rice Noodles, Bean Shoots, Asian Dressing & Fried Shallots

Vegan Vietnamese Salad gf\$18

Shredded Cabbage, Carrot, Green Papaya, Fresh Herbs, Bean Shoots, Salt & Pepper Tofu, Toasted Peanuts & Fried Shallots w Vietnamese Dressing

Swap out Tofu for Chicken \$4

Beef Burger gfa dfa\$22

Smashed Chuck Brisket Patty, Cheddar, F/range Bacon, Lettuce, Tomato, House Relish & Aioli in Ciabatta Roll & Fries

Crispy Chicken Burger gfa dfa.....\$22

Cajun Spiced Buttermilk Fried F/range Chicken Breast, Lettuce, Tomato, F/range Bacon, Gochujang Aioli in Ciabatta Roll & Fries

Cauliflower Burger Vegan gfa\$21

Popcorn Cauliflower, Smashed Pumpkin, Baby Spinach, Tomato & Spiced Coconut Yoghurt in a Ciabatta Roll w Fries

Haloumi Burger gfa.....\$21.5

Grilled Haloumi, Roast Swiss Brown Mushroom, Pickled Red Onion, Baby Spinach, Tomato, Beetroot Relish, Aioli in Ciabatta Roll & Fries

BLAT Focaccia gfa\$14.5

Blackwood F/range Bacon, Avocado, Lettuce & Fresh Tomato W Roasted Garlic Aioli

Add: Chicken \$4

Salmon Focaccia gfa\$14.5

Harris Smoked Salmon, Avocado, Tomato, Baby Spinach, Pickled Red Onion & Roasted Garlic Aioli

Add: Feta \$2.5

Vegan Bruschetta gfa\$14

Smashed Roast Pumpkin, Avocado, Tomato, Baby Spinach, Pickled Red Onion & House Dukkha on Organic Rye w Glazed Balsamic

Add: Feta \$2.5 Haloumi \$3.5

Add A Side Of Rustic Fries For \$4

Sweet Potato Fries For \$4.5

***Please Advise Staff of any Allergies as not all ingredients are listed on our menu descriptions*

****During Busy Periods Our Chefs May Not Be Able to Change the Menu**

**gf = Gluten Free df = Dairy Free
gfa = Gluten Free Available
dfa = Dairy Free Available**