



Lunch Spring'21

11:30am - 3:00pm

Cauliflower Popcorn w Ranch Dressing

gf vegan.....\$14

Joan's Spiced Cauli Popcorn w House Vegan Ranch Dipping Sauce

Rustic Fries gf df.....\$8.5

Joan's Seasoning W Garlic Aioli Or Tomato Sauce

Sweet Potato Fries gf df.....\$9

Joan's Seasoning W Garlic Aioli Or Tomato Sauce

Vegan Gnocchi\$23

Pesto, Broccolini, Sweet Peas, Baby Spinach, Slow Roasted Tomatoes & Dukkha

(add Parmesan if desired)

Salt & Pepper Squid gf df.....\$23

Lightly Dusted Australian Calamari, Asian Slaw, Rice Noodles, Bean Shoots, Asian Dressing & Fried Shallots

Vegan Vietnamese Salad gf.....\$19

Shredded Cabbage & Carrot, Rice Noodles, Fresh Herbs, Crispy Tofu & Vietnamese Dressing w Toasted Peanuts & Fried Shallots

Add: Grilled Chicken \$4

Beef Burger gfa dfa\$22

Smashed Chuck Brisket Patty, Cheddar, F/range Bacon, Lettuce, Tomato, House Relish & Aioli in Ciabatta Roll & Fries

Crispy Chicken Burger gfa dfa.....\$22

Korean Spiced Buttermilk Fried F/range Chicken Tenderloin, Lettuce, Tomato, Cheddar & Satay Sauce in Ciabatta Roll w Fries

Cauliflower Burger Vegan gf.....\$21.5

Popcorn Cauliflower, Baby Spinach, Tomato, Avocado, Pickled Cucumber & Satay Sauce in a Ciabatta Roll w Fries

Haloumi Burger gfa.....\$21.5

Grilled Haloumi, Roast Swiss Brown Mushroom, Avocado, Baby Spinach, Tomato & Ranch Sauce in Ciabatta Roll & Fries

BLAT Focaccia gfa.....\$14.5

Blackwood F/range Bacon, Avocado, Lettuce & Fresh Tomato W Roasted Garlic Aioli

Add: Chicken \$4

Salmon Focaccia gfa.....\$14.8

Harris Smoked Salmon, Avocado, Tomato, Baby Spinach, Pickled Cucumber & Roasted Garlic Aioli

Add: Feta \$2.5

Vegan Bruschetta gfa.....\$14

Smashed Avocado, Baby Spinach, Slow Roasted Tomatoes, House Pesto & Sticky Balsamic W House Dukkha on Organic Rye

Add: Feta \$2.5 Haloumi \$3.5

Add A Side Of Rustic Fries For \$4

Sweet Potato Fries For \$4.5

***Please Advise Staff of any Allergies as not all ingredients are listed on our menu descriptions*

****During Busy Periods Our Chefs May Not Be Able to Change the Menu**

**gf = Gluten Free df = Dairy Free
gfa = Gluten Free Available
dfa = Dairy Free Available**