



Lunch Menu

11.30am to 3.00pm

Joan's Duo Of Dips (Gfa) \$13.5
Selection Of House Made Dips W Toasted Pita Bread **Add: Marinated Olives \$3**

Rustic Fries (Gf) (Df) \$8.5
Joan's Seasoning W Garlic Aioli Or Tomato Sauce

Sweet Potato Fries (Gf) (Df) \$9
Joan's Seasoning W Garlic Aioli Or Tomato Sauce

Vegan Gnocchi \$21
Pan Fried Gnocchi, Baby Spinach, Sweet Peas, Zucchini Ribbons, Broad Beans, Salsa Verde & Toasted Almonds **(add Parmy if desired)**

Salt & Pepper Squid (Gf) (Df) \$22.5
Lightly Dusted Australian Calamari, Asian Slaw, Rice Noodles, Bean Shoots, Vietnamese Dressing & Fried Shallots

Vegan Salad (Gf) \$18
Leafy Greens, Zucchini Ribbons, Brown Rice, Sweet Peas, Roasted Pumpkin, Peas, Lime & Sesame Dressing (Wafu Dressing) w Toasted Seeds **Add: Chicken \$4 Haloumi \$3.5**

Beef Burger (Gfa) (Dfa) \$22
Beef Patty, Cheddar, F/range Bacon, Tomato, Lettuce, Aioli, Kasundi in a Toasted Ciabatta Roll & Fries

Crispy Chicken Burger (Gfa) (Dfa) \$21
Spiced Buttermilk Fried F/range Chicken Tenderloin, Cheddar, F/range Bacon, Tomato, Lettuce, Sriracha Aioli in a Ciabatta Roll & Fries

Cauliflower Burger \$21 (Gfa) (Dfa)
Popcorn Cauliflower, Chilli Jam, Avocado, Baby Spinach, Tomato, Roast Capsicum on Ciabatta Roll w Fries

Haloumi Burger (Gfa) \$21
Grilled Haloumi, Swiss Brown Mushroom, Avocado, Baby Spinach, Roasted Capsicum, Tomato, Pesto Aioli in a Toasted Ciabatta Roll w Fries

BLAT Focaccia (Gfa) \$14
Blackwood F/range Bacon, Avocado, Lettuce & Fresh Tomato W Roasted Garlic Aioli
Add: Chicken \$4

Salmon Focaccia (Gfa) \$14
Harris Smoked Salmon, Avocado, Tomato, Baby Spinach & Roasted Garlic Aioli
Add: Feta \$2.5

Vegan Bruschetta (Gfa) \$13.5
Smashed Roast Pumpkin, Roast Capsicum, Avocado, Tomato, Baby Spinach, Toasted Seeds on Organic Rye w Glazed Balsamic
Add: Feta \$2.5 Haloumi \$3.5

Add A Side Of Rustic Fries For \$4

Sweet Potato Fries For \$4.5

Gf = Gluten Free Df = Dairy Free
Gfa = Gluten Free Available
Dfa = Dairy Free Available

****Please Advise Staff of any Allergies as not all ingredients are listed on our menu descriptions**

****During Busy Periods Our Chefs May Not Be Able to Change the Menu**

See Front Page for Kids Options